Come and join us for our

Festive Carers Cafe

at Hollins Park Hospital

NHS
Mersey Care
NHS Foundation Trust

Monday, 14 December, 1pm to 3pm

Meet other carers, take time out for yourself and get information and advice to support you in your caring role.

Chat to staff from the Carer Engagement Team and Warrington Carers Hub

Spend time with other carers

Take part in a Christmas craft activity

Christmas lunch

Christmas jumpers encouraged!



Creative Therapy Room, Hollins Park Hospital, Hollins Lane, Winwick, WA2 8WA

To book a place please contact the Carer Engagement Team by emailing **carers@merseycare.nhs.uk** or calling **01925 972 801** stating any dietary requirements. Booking deadline is Tuesday, 1 December at 4pm.