

Courses starting soon - most are free!

Wellbeing

Digital

Community training

English, maths & ESOL

Childcare and Education

BE MORE
SKILLED

↓ **Contact us to find out more:**

☎ 01744 676671, 01744 677328, or 07702 959814

@ adultlearning@sthelens.gov.uk

💻 www.sthelens.gov.uk/adultlearning

f StHelensACL

✂ @STHLearning

Lifelong learning for all!



**LIVERPOOL
CITY REGION**
COMBINED AUTHORITY

METRO MAYOR
LIVERPOOL CITY REGION

BE MORE
SKILLED



Coming soon!

When	Course	Where
Monday afternoon 31st March 1-2pm	Caring for Children information session Ideal for those hoping to work or volunteer with children aged 0-5.	Park Road Centre WA9 1HE
Tuesday afternoons 22nd April 1-3pm	Photography and Wellbeing 5-week course, exploring the 5 ways to wellbeing and how photography can help to develop these. Use your smart phone, no cameras needed!	United Reformed Church, St Helens WA10 2JZ
Tuesday afternoons 1:30-3:30pm Enquire for the next start date	Digital Skills for Improvers Learn how to use Microsoft Word, Excel, or PowerPoint.	St Helens Library WA10 1BX
Tuesday afternoons From 22nd April 1-3pm	Intro to English Learning English made easy and enjoyable. Perfect for anyone looking to improve their basic English skills.	Park Road Centre WA9 1HE
Wednesdays From 23rd April 9:15am -2:45pm	Entry level 3 Award Caring for Children Learn about confidence through play, routines for a young child (0-5yrs) and providing a safe and healthy lifestyle.	Park Road Centre WA9 1HE
First Aid Places available for Monday 14th April and Tuesday 15th April	Are you a volunteer in St Helens or part of a charitable organisation or community group? Our FREE first aid 1 day course will help to support your role.	Park Road Centre WA9 1HE
Watch this space for	<ul style="list-style-type: none"> • Crafts • Mental Health Awareness • Training for volunteers • iPads and Tablets • Digital Skills for Beginners 	Assorted Venues

Places must be booked in advance.

To join our free courses, you need to be aged 19 or over and live in one of these areas: St Helens, Halton, Knowsley, Liverpool, Sefton, or Wirral.