

NHS Wellness &

Screening Day



*September 16th 10am-4pm
Highfield Hospital*



HEALTH AND WELLBEING ADVICE

STOP SMOKING / PREVENTION ADVICE

PHYSICAL ACTIVITY PROMOTION

FINANCIAL ADVICE



Learn More. Live Well.

CERVICAL SCREENING APPOINTMENTS

LUMP/ MOLE CHECKS

CANCER SUPPORT:

⇒ FINANCIAL

⇒ EMOTIONAL

⇒ PHYSICAL

⇒ SOCIAL

Free refreshments and
healthy snacks provided
by Morrisons Widnes