

Halton's VCFSE Mental Health and Wellbeing Alliance

- Mental Health and wellbeing and wider determinant crisis prevention.

Terms of Reference

Our aims are to:

1. Develop and facilitate a monthly VCFSE Mental Health Forum.
2. To bring together representatives of local VCFSE, working in partnership with the statutory and clinical mental health services, creating an interface between them. Sharing of knowledge and good practice and identifying opportunities that ensure residents of Halton get the right mental health support at the right time.
3. Work to influence cross decision makers and improve communication and collaboration across the sector. Collectively develop an approach to meeting the outcomes described in the NHS Community Mental Health Framework and identify how we will work collaboratively with partners.
4. Act as a single point of contact for public sector partners wishing to gain information about VCFSE sources of mental health and wellbeing support.
5. Support the mental health forum members to develop shared projects and programmes that positively impact upon mental health, aligning with the five ways of wellbeing (Connect, Be Active, Take Notice, Learn and Give to others). In particular projects that prevent crisis or recovery from crisis and also act as a vehicle to deliver training.
6. To develop a funding vehicle into the VCFSE sector. The forum will have a small budget allocated to it and this will be utilised to develop projects.
7. Be an opportunity to network and co-produce projects and offer training and capacity building support.

Representation:

Representation at any Alliance meeting/activity can be extended to the following

- Mental Health Professionals
- Local Third sector

Administration:

In line with their objects and reflecting of their position as advocates of the VCFSE sector HALTON & ST HELENS VOLUNTARY and COMMUNITY ACTION will act as secretariat to the Alliance to allow representatives to participate in meetings or agreed working groups.

Meetings:

- Meetings be held every month
- Topics for future agendas will be discussed and agreed at each meeting
- Any related papers will be circulated within 2 weeks of a meeting taking place.
- Meetings to be chaired by Halton & St Helens VCA unless other arrangements are made.

Information Sharing and Confidentiality:

By being part of the Alliance, you give permission for contact information such as relevant email address, contact number and organisation you represent to be circulated to others within the Alliance for purposes of communication and collaboration.

As part of the Alliance each of the members are encouraged to circulate relevant information that promotes not only their own services but those of other Alliance members. Promotion can be done through email circulation or through online and social media platforms. Unfortunately due to the services we offer we are unable to advertise any fundraising activity.

Review:

The Alliance will revisit and review the agreed Terms of Reference every 12 months from being agreed to ensure the Alliance remains relevant and clear in its aims.